

## WARKWORTH MINOR HOCKEY ASSOCIATION

**RULES AND REGULATIONS** 

### **Colours:**

- 1. WMHA team colors shall be predominately White and Red.
- 2. All WMHA shirts, when replaced, shall carry the BULLDOG Logo on the front.

### **Soliciting of Funds:**

1. No Person or persons shall sell tickets or articles to raise funds, directly solicit funds, or accept donations for a team without the specific permission of the Executive Committee.

#### Media:

1. Any media being used for WMHA must have expressed written consent from the Executive prior to being printed or distributed.

### **Apparel/Clothing:**

1. Any clothing or apparel bearing the BULLDOG logo must have approval from the Executive prior to being made. A mock-up must be presented for approval.

### **Team Awards:**

1. Any WMHA team advancing to the LEO finals may receive a suitable award from the WMHA if funds are available.

### **Playing Time for Players:**

1. It shall be the responsibility of the Executive Committee, Coaching Staff, Convenors and LEO/OMHA Contact to ensure that all players are played as equally as possible on all teams.

#### **Hockey Rules:**

**1.** The WMHA shall use and follow the rules of the OMHA, the Ontario Hockey Federation ("OHF") Hockey Canada and The League of Eastern Ontario (LEO).

#### **Injuries:**

- 1. The WMHA will not be responsible for any injuries to any person or players participating in activities of the WMHA.
- 2. Players whom have suffered an injury, must provide a doctors note stating that they player may return to regular play.

#### **General Rules and Regulations:**

- 1. Anyone owing fees from a previous year will not be allowed to register until paid up.
- **2.** At the discretion of the President, Treasurer and the Division Convenor, financial assistance may be arranged through WMHA, area service clubs or government services for those who express an inability to pay.

### **3.** Fees:

**a.** All players must pay their share of the rate set by the Executive Committee.

- **b.** All team fees or expenses incurred are the responsibility of that particular team and players.
- **4.** Preference for player membership shall be given to returning WMHA players, provided that they register prior to the closing of the final registration date. After the Early Bird Registration Date, player membership shall be based on date and time the registration is received. (Eg. "First-come, first-served".) A returning player shall be any player on a Warkworth roster in the preceding year. If a player left the WMHA to play in a division or level of hockey that was not offered in the WMHA, then the player must have been registered on a Warkworth team immediately prior to the year that the player left to be considered a returning player.
- **5.** All players must register in their age division, but may be moved up to a higher division as an Affiliated Player or fulltime rostered player if required, or held back in a lower division as an overage player. The approval of any player moving up or remaining in a lower division will be at the discretion of the OMHA Regional Representative in conjunction with the LEO Board.
- **6.** The President shall have the power to suspend any player or coaching staff member while representing WMHA for any or all of the follow reasons:
  - a. unsportsmanlike conduct n or off the ice; or/and
  - b. abusive language toward any official or player; or/and
- <u>c. any other misconduct that may bring WMHA reputation into disrepute</u>

  The President shall have the power to impose suspensions for <u>any of the above</u> incident(s), which may occur <u>in but not limited to</u> exhibition games, practices, regularly scheduled games etc.. Such suspensions shall remain in effect until dealt with by the Executive within 5 days after the suspension was imposed.
- 7. The Coaching Convenor has the power to recommend to the President and the Coaching Committee, any action to be taken against the Coaching Staff for neglect of duties, unsportsmanlike conduct or any other conduct which is not in the best interest of the players or the WMHA.
- **8.** The Coaching Convenor has the power to recommend to the President of the WMHA the suspension of any player for one or more games for conduct not acceptable to the WMHA.
- **9.** The President may suspend anyone affiliated with WMHA for one or more games for the following infractions committed during, before or after any game or practice, keeping in mind the 24-hour rule:
  - **a.** Abusive language.
  - b. Smoking/chewing tobacco in the dressing room.
  - c. Destroying or mishandling of property belonging to other.
  - **d.** Inappropriate conduct on or off the ice.
  - e. Stealing of property belonging to others.
  - **f.** For consumption of alcoholic beverages or prohibited substances.

Coaching Staff, Convenors or Executive Committee Members shall report all offenders to the President with recommendations.

- **10.** Any player receiving misconduct penalties will be subject to the following 3 step process:
  - **a.** Verbal warning from executive to coach
  - **b.** Written warning from executive to be signed by coach
  - **c.** 1 Game accumulating suspension
- 11. No one shall deface or modify WMHA team sweaters.
- **12.** All Coaching Staff shall wear a CSA approved helmet while on the ice for WMHA team practices.
- **13.** The warm-up period on the clock at the start of games shall be implemented by the Referee(s).
- **14.** Each Trainer shall carry a First-Aid Kit that meets OMHA standards and shall let the Executive Committee know if more supplies are required.
- **15.** All Team Staff Members shall be approved by the Executive Committee.
- **16.** Required Trainer and Coach Course Fees shall be paid by the WMHA on approval from the Executive Committee.
- **17.** WMHA shall pay the registration fee and potential subsidization for accommodations, when funds are available, for each delegate allowed to attend the OMHA AGM.
- **18.** Executive Committee Members required to attend LEO, OMHA, OHA or other approved Meetings shall be paid forty-eight cents (\$0.48) per kilometer when travel is required outside of WARKWORTH.
- **19.** Admission is to be charged for all League games, depending on the fee amount set by the LEO. Admission for exhibition games is the responsibility of each individual team as are the fees for referees. Exhibition games are to requested to the LEO REP and the OPERATIONS DIRECTOR and are only be played on assigned dates and not during practice times.
- **20.** No person shall be permitted on the ice during games or practices other than players on an approved roster, volunteers who have been approved by the WMHA and who have submitted a clear Vulnerable Sector Search and/or any other documents required.

Parents, Guardians, Players, Coaches, Trainers, Managers, Administrators, Volunteers and Officials shall abide by WMHA's Code of Conduct outlined below: (failure to do so may result in suspension)

### Parent/Guardian Code of Conduct

| ☐ Encourage children to participate, do not force them. Remember that children participate in sport for their enjoyment, not yours  |
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| ☐ Focus on the child's efforts and performance rather than winning or losing  |
| $\Box$ Encourage children to play according to the rules and to settle disagreements without resorting to hostility or violence   |
| □ Never ridicule or yell at a child for making a mistake or losing a game   |
| $\Box$ The game of hockey is a team sport. Encourage teamwork and the importance of being a team player with your child   |
| ☐ Remember that children learn by example. Appreciate good performances and skilful plays by all participants   |
| ☐ Support all efforts to remove verbal and physical abuse from sporting activities  |
| ☐ Respect officials' decisions and teach children to do the same  |
| $\square$ Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate   |
| ☐ Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion  |
| ☐ Be respectful and mindful of social media. These are not appropriate forums to post offensive pictures, voice opinions about the organization's administration, coaches, trainers, managers, officials, players, parents and supporters |
| ☐ Understand that playing a sport involves a commitment to the team. Make every attempt to always get your child to every game and practice on time. Where this is not possible, contact the coach in advance                             |

## **Player Code of Conduct**

| ☐ Participate for your own enjoyment and benefit, not just to please parents and coaches  |
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| ☐ Learn, understand, respect and play by the rules of the game  |
| ☐ Work equally hard for yourself and for your team. Your team's performance will benefit and so will you  |
| ☐ Recognize that you are part of a team and be a team player. A team player is not only generous with the puck on the ice, but is also generous with praise and encouragement for his/her teammates both on and off the ice and away from the arena |
| □ Do your best to represent the team at all times. Do not defend or engage in actions on or off the ice (dressing rooms, arenas, buses, tournament venues etc.) which are not consistent with good sportsmanship and respect                        |
| ☐ Cooperate and respect officials and coaches decisions. Without them there would be no game and no team.   |
| ☐ Consider the safety of other players, coaches, trainers, officials, volunteers, supporters and parents  |
| ☐ Maintain self control at all times. Verbal and physical abuse will not be tolerated   |
| ☐ Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion  |
| ☐ Avoid drugs, tobacco and alcohol  |
| ☐ Be respectful and mindful of social media. These are not appropriate forums to post offensive pictures, voice opinions about the organization's administration, coaches, trainers, managers, officials, players, parents and supporters           |

### **Coaches, Trainers and Managers Code of Conduct**

| ☐ Remember that young people participate for pleasure and winning is only part of the fun. Never ridicule or yell at a young player for making a mistake  |
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| ☐ Be reasonable in your demands on players' time, energy and enthusiasm. Set attainable goals for the team and individual players while encouraging safety, physical fitness, fairness and fun for all players                            |
| ☐ Communicate with players, parents, officials, administrators, coaches, trainers and managers honestly, generously, fairly and with integrity  |
| ☐ Operate within the rules and spirit of your sport and teach your players to do the same   |
| ☐ Ensure that the time players spend with you is a positive experience. All young people are deserving of equal attention and opportunities   |
| ☐ Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players  |
| □ Be a positive role model. Display control, respect and professionalism to all involved with the sport. This includes opponents, coaching staff, officials, administrators, parents and spectators. Encourage players to do the same     |
| ☐ Obtain appropriate qualifications and keep up to date with the latest practices and principles of safety, growth and development of young people  |
| ☐ Pay attention to and consider changing social, family and economic environments that may influence the attitudes and behaviour of players   |
| ☐ Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion  |
| ☐ Be respectful and mindful of social media. These are not appropriate forums to post offensive pictures, voice opinions about the organization's administration, coaches, trainers, managers, officials, players, parents and supporters |

### **Administrators and Volunteers Code of Conduct**

| ☐ Provide all young people equal and safe opportunities to participate. Emphasize fair play, respect and fun  |
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| ☐ Ensure that supervision, instruction, rules, equipment, length of games and practice schedules are modified to suit the age, ability and maturity level of young players  |
| $\Box$ Help coaches and officials highlight appropriate behaviour and skill development, and help improve the standards of coaching and officiating   |
| ☐ Remember, you are a role model and set an example. Your behaviour and comments should be positive and supportive  |
| ☐ Take appropriate action when necessary to protect or enhance the safety and development of everyone in accordance with the Code of Conduct for Players, Guardians, Parents, Coaches,  |
| Trainers, Managers, Administrators, Volunteers and Officials  |
| ☐ Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion  |
| ☐ Be respectful and mindful of social media. These are not appropriate forums to post offensive pictures, voice opinions about the organization's administration, coaches, trainers, managers, officials, players, parents and supporters |

### **Officials Code of Conduct**

| Set a good example as a positive role model. Condemn unsporting behaviour and promote respect. Sehaviour and comments should be positive and supportive   |
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| ☐ Encourage and promote rule changes that will make participation more enjoyable. Ensure rules and egulations are enforced and matched to the skill levels and needs of young people  |
| Place the safety and welfare of the participants above all else   |
| Communicate with players and team officials honestly and generously with fairness and integrity   |
| Be consistent, objective and courteous when making decisions. Compliment and encourage all participants   |
| ☐ Keep up to date with the latest trends in officiating and the principles of growth and development of young people  |
| Treat all young people fairly regardless of their gender, ability, cultural background or religion  |
| Be respectful and mindful of social media. These are not appropriate forums to post offensive pictures, voice opinions about the organization's administration, coaches, trainers, managers, officials, players, parents and supporters |